

TakeMeds  
Seriously

# YOU'RE THE SOLUTION



## SAFE USE

### Ask your doctor and pharmacist how medications may interact with other meds and alcohol

- Make a list of your current medications to take with you to the doctor and pharmacy
- Tell your doctor and pharmacist how many alcoholic beverages you consume each week
- Prescription pain meds can be habit-forming. Ask your doctor about all the risks involved if you are prescribed these medications

## SAFE STORAGE

### Store medications out of sight and away from visitors

- Store medications in a cabinet or drawer that visitors can't access without you seeing

You're the solution. [TakeMedsSeriously.org](http://TakeMedsSeriously.org)



## SAFE DISPOSAL

### Take unused and expired medications to a safe disposal box in your community

- Never flush prescription medications
- Find your closest disposal site below
- Ask your pharmacist about products like *Dispose RX™*, which help you safely dispose of medication at home



## SAFE DISPOSAL

### YOUR COMMUNITY SAFE DISPOSAL SITES:

**Jefferson County  
Sheriff's Office  
Mountain Precinct  
4990 County Highway 73  
Evergreen, CO  
Tuesday – Friday  
8:00 - 4:30  
No cancer drugs**



You're the solution. [TakeMedsSeriously.org](http://TakeMedsSeriously.org)